

WATERFORD CROSS COUNTRY INVITATIONAL

Saturday, October 3rd, 2020

COVID-19 Considerations

COACHES

Conduct team temperature and symptom check prior to departure

Symptomatic individuals must stay home

Face covering except while running or engaging in physical exertion

Social distance when reasonably possible

ATHLETES

Face covering except while running or engaging in physical exertion

Social distance when reasonably possible

No team huddles or touching

Bring own water bottle

OFFICIALS/EVENT WORKERS

Conduct temperature and symptom check prior to travel to venue

Face covering at all times

Social distance when reasonably possible

SPECTATORS

Face covering at all times

Social distance of at least 6 feet

Conduct symptom check prior to leaving for the meet. If symptomatic, stay home

No congregating

TEAM CAMPS

Camps at 20 feet apart from each other on Visitor Side Track

AWARDS

Awards will be provided to coaches after the meet

FINISH LINE

No spectators within 30 feet of finish line

Shoe chips to be collected by coaches and returned to timer in bag provided

Athletes maintain social distance when reasonably possible

No physical contact except for medical purposes

Athletes return to team camp area after competition

Bottled water available to runners away from finish line

Athletic trainer available

STARTING LINE

No pre-race instruction/meeting conducted by officials

Runners to arrive at starting line no more than 5 minutes before the start

No pre-race run-outs or team huddles

Runners to wear masks to the start area

Runners may choose to continue to wear masks during the race, pull them down around the neck during the race, or place them in individual bags labeled with their name and collected by a team representative prior to runners entering the starting line area

No coaches or spectators within 30 feet of the starting line area

No clerking or check-in at the starting line. All check-ins to be completed at packet pick-up

No items to be left or stored in the starting line area including team trash cans

No water bottles allowed at starting line area

RESULTS

Complete results will be posted on Baumspage after the conclusion of all races